## Relax



Cynthia is a Holistic Health Practitioner and an Inner Clarity Spiritual Life Guide/Teacher.

- Registered Intuitive Swedish Massage Therapist,
- Certified Reflexology Practitioner,
- Certified IonCleanse ® Practitioner,
- MLD (Manual Lymphatic Drainage)
  Practitioner,
- Acupressure Therapeutic Pracitioner
- -Raindrop Therapy,
- Therapeutic Cupping,
- Divine Love Healing- (which include Reconnective® Healing, Usui Reiki Level 1 & 2 Practitioner, Crystal Healing, Vibrational Energy Healing, Qualitative Healing, and Aromatherapy Young Living)
- Intuitive Card Reader.
- Has her First Aid and CPR.
- Independent Distributor- Pure Trim Health Products
- Independent Distributor -Young Living Essential Oils
- -And many other natural health products....

### **Service Prices add GST**

Spiritual Life Guide/Teacher: 1 hr Session - \$90.00

- Starter Package - 4 hr Sessions - Special Price - \$324.00

Intuitive Therapeutic/Cupping/ Acupressure Massage or Reflexology:

- First Visit - 1 hr and half - \$100

-30 minutes - \$60.00

-60 minutes - \$85.00

-90 minutes - \$120.00

#### Raindrop/Hot Stone Massage Therapy

- 60 mins -\$100.00

-90 mins -\$135.00

#### **Divine Love Healing Session:**

1 hr Session - \$90.00 1 1/2 hr Session - \$120.00

#### **Intuitive Card Reading:**

-30 minutes session - \$60.00

- 60 minutes - \$95.00

**IonCleanse Foot Detox Bath**: - Ask for all Session Prices; including Packages

Day:	Time:
Monday	10:00am - 6:00pm
Tuesday	10:00am - 6:00pm
Wednesday	10:00am - 6:00pm
Thursday	10:00am - 6:00pm
Friday	10:00am - 6:00pm
Saturday	Closed
Sunday	Closed

Closed all Holidays!

## SunRise Healing Center 403-934-6416

sunrisehealingcenter@gmail.com www.sunrisehealingcenter.com www.sunrisehealingcenter.puretrim.com Facebook/SunRiseHealingCenter Twitter/@SunRiseHeal

# Release SunRise Healing Center

Release • Rebuild • Restore • Renew • Relax

As Unique As You!

## **Cynthia Barnesky**

- -Inner Clarity Spiritual Life Guide/Teacher
- Holistic Practitioner
- Independent Distributor for Pure Trim
- Independent Distributor for Young Living Oils
- Professional Direct Promoter for MUSCLE CHECK



STRATHMORE ALBERTA

## Rebuild

# Maintain Your Health and Wellness



With benefits from Massage, MLD (Manual Lymphatic Drainage) Massage, Reflexology, Raindrop Therapy, Therapeutic Cupping, Acupressure Therapeutic Massage and IonCleanse Detox Foot Bath - YOU CAN:

- Improving circulation
- Reducing or eliminating pain
- Improving joint mobility
- Reducing tension within muscles
- Improving immune system functioning
- Increasing lymphatic drainage
- Helps reduce body waste
- Reducing depression and anxiety
- Joint Pain, Arthritis
- Chronic Fatigue
- Brain Fog
- Poor Concentration
- Sleeplessness
- Heavy Metal Toxicity
- Allergies Eczema
- Psoriasis Parasites
- Candida
- Hormonal Imbalance
- System Cellular Acidosis (Ph is too high)
- And much more.....

#### **Pure Trim Health Products**

Natural Health Products to help your body release, restore, rebuild, renew the whole body systems inside out. Most products are Gluten, Dairy, Whey, Soy, Aspartame, Sucrose, and Glucomannan FREE.

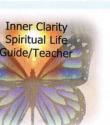
## Restore



Intuitive Massage/ Raindrop Therapy



Therapeutic Cupping



Reflexology



Intuitive Card Reading



IonCleanse® Foot Detox Bath



Pure Trim Health Products



Divine Love Healing

## Renew

#### **Divine Love Healing Session:**

Cynthia has put together all of her life lessons, techniques and experiences from the last 10 years and now has dedicated herself to helping her body, mind and soul heal naturally. In return, allowing herself now with Divine's guidance, to use all of the tools that she has learned, to help others with their natural healing process of all body levels, to naturally heal. This is done using Divine's vibrational healing love, light and informational energy in Reiki, Quantitative, Crystals, Vibrational Energy, Aromatherapy, and Reconnective Healing; so each session is as unique as your needs and YOU are!

#### Spiritual Life Guide/Teacher

Looking for more clarity in your life? Cynthia can help you clarify your goals and improve your ability to tune into intuitive wisdom. She will help guide you to determine the most effective actions to take and help you make plans for maximum results. In this supportive environment of spiritual life guided session, your needs are forever-changing and no other person is exactly like you. Cynthia will help you discover your goals and visions and with her help, she will guide and teach you to find the insights into your personal and business relationships. She will encourage you to see through the obstacles so you can truly see your desired goals for health, prosperity, and happiness. With your dedication, determination and willingness to change your life, Cynthia will be with you every step of the way!

